

# DO+ SLEEP

QUICK SLEEP, PEACEFUL REST

GUMMY SUPPLEMENT



**WITH MELATONIN and extracts of CALIFORNIA POPPY, CHAMOMILE, and LAVENDER**

The supplement that helps **reduce the time needed to fall asleep.**

DO+ SLEEP is recommended to promote restful sleep,  
support relaxation, and relieve the effects of jet lag.



INNOVATIVE  
FORMULA



EASY TO  
CONSUME



IRRESISTIBLE  
FLAVOR



## Melatonin

Helps reduce the time needed to fall asleep when taken shortly before bedtime. It also helps alleviate the effects of jet lag when taken just before sleeping on the first day of travel and for a few days after arriving at the destination.

## Chamomile Extract

(*Matricaria chamomilla* L., flower heads)

Supports digestive function, regular gastrointestinal motility, and gas elimination. Promotes relaxation, mental well-being, normal sweating, and respiratory mucous membrane health. It also has a soothing and calming effect on the digestive system

## Lavender Extract

(*Lavandula angustifolia* Mill., flowers)

Promotes relaxation (sleep; in times of stress), supports a balanced mood, aids digestion, contributes to normal gastrointestinal motility, and helps eliminate gas.

## California Poppy Extract

(*Eschscholzia californica* Cham., aerial parts)

Supports relaxation and sleep, especially in cases of stress.



**Food supplements**  
should not be considered  
as substitutes for a varied  
and balanced diet and a  
healthy lifestyle.

### INGREDIENTS PER 100g PER SERVING 1 GUMMY

Eschscholzia extract	1 g	30 mg
Chamomile extract	0,67 g	20 mg
Lavender extract	0,67 g	20 mg
Melatonin	0,03 g	1 mg

NRV% = NUTRIENT REFERENCE VALUES ACCORDING TO EU REGULATION NO. 1169/2011



JAR OF 60  
GUMMIES - 180G



1 GUMMY  
PER DAY



VEGAN



BLUEBERRY  
FLAVOR



SUGAR-FREE



NO ARTIFICIAL  
COLOURS



NATURAL  
FLAVOURS



GLUTEN-FREE



Discover  
on the website  
[www.dopiu.it](http://www.dopiu.it)



Viale Lombardia 10,  
Orio al Serio (BG) Italy



[info@dopiu.it](mailto:info@dopiu.it)



+39 035 533371